Chapter 1 – An Approach to Quality Assurance Training

Slide 1

**Training vs. Education**
- Training transfers knowledge and skills needed to carry out a specific task or activity.
- It presumes immediate application.
- Education provides a broad array of knowledge (and skills) to prepare for a future role.

Slide 2

**Mastery Learning**
- Assumes that all students will master the needed knowledge and skills.
- Enables participants to have a self-directed learning experience.
- Uses a variety of teaching and training methods.

Slide 3

**Mastery Learning Assessment**
- Competency-based
- Dynamic
- Less stressful
Chapter 1 – An Approach to Quality Assurance Training

Slide 4

Competency-Based Training is Learning by Doing

<table>
<thead>
<tr>
<th>Type of Presentation</th>
<th>Ability to Recall</th>
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<tbody>
<tr>
<td></td>
<td>After 3 Hours</td>
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<tr>
<td>Verbal (one-way) lecture</td>
<td>25 %</td>
</tr>
<tr>
<td>Written (reading)</td>
<td>72 %</td>
</tr>
<tr>
<td>Visual and verbal (illustrated lecture)</td>
<td>80 %</td>
</tr>
<tr>
<td>Participatory (role plays, case studies, practice)</td>
<td>90 %</td>
</tr>
</tbody>
</table>

Slide 5

Coaching Skills

- Providing positive feedback
- Active listening
- Questioning
- Problem-solving

Slide 6

Responsibilities of the Trainer and Participants

- Trainer
  - Help each participant attain full competency
  - Facilitate learning
- Participants
  - Be actively involved in the learning process
  - Contribute what they already know
Chapter 1 – An Approach to Quality Assurance Training

Slide 7

Criteria for Selecting QA Trainers
- Demonstrate proficiency in using QA skills
- An interest in training
- Humility

Slide 8

Levels of Performance

- Skill Acquisition: Knows the steps and sequence (if necessary) to perform the required skill or activity but needs assistance
- Skill Competency: Knows the steps and their sequence (if necessary) and can perform the required skill or activity
- Skill Proficiency: Knows the steps and their sequence (if necessary) and efficiently performs the required skill or activity
Chapter 2 – Creating a Positive Training Climate

Slide 1

**Positive Training Environment**

- Acknowledges how people learn
- Encourages and is conducive to learning
- Creates an atmosphere of safety - participants can ask questions
- Gives responsibility for accomplishing course objectives to everyone participating

Slide 2

**Participant Expectations for Training**

- Training must be relevant
- They will be motivated if the training is relevant
- Participation and active involvement
- Variety of learning experiences
- Positive feedback
- Personal concerns (safety, etc.)

Slide 3

**Expectation - cont.**

- Need recognition as individuals
- Maintain self-esteem
- High expectations of themselves and trainers
- Personal needs
Chapter 2 – Creating a Positive Training Climate

Slide 4

Implications for Training
- The learning experience must relate directly to participant’s job responsibilities
- Increase and channel motivation through clear training goals and objectives
- The learning experience must actively involve the participants in the training process

Slide 5

How to Involve Participants
- Allow input regarding schedules, activities, and events
- Questioning and feedback
- Brainstorming and discussion
- Hands-on work
- Group and individual projects
- Classroom activities

Slide 6

Implications - cont.
- Include a variety of training methods
- Provide time to give feedback
- Organize activities that will place participants at ease
  - Ice breakers
  - Expectations for the course
- Treat participants as individuals (examples - use participant names, involve participants as often as possible)
Chapter 2 – Creating a Positive Training Climate

Slide 7

Implications - cont.
- Maintain participant self-esteem (example - avoid negative feedback)
- Respond to participant high expectations by talking (modestly) about your background and abilities
- Acknowledge and try to meet personal needs (examples - lighting, reducing tension)

Slide 8

Planning Before the Course
- Obtain basic information about participants
- Review existing course materials
- Organize training site (physical resources)
- Anticipate needs of participants
- Prepare yourself for the course

Slide 9

Participant Information
- How many participants?
- Why are participants enrolled?
- Experience and educational background?
- Types of QA activities participants will perform in their work?
Chapter 2 – Creating a Positive Training Climate

Slide 10

Physical Resources

- Is the training space size appropriate?
- Is the room properly heated/cooled? Ventilated?
- Writing board with chalk or markers?
- Is lighting adequate?
- Is there proper AV and demonstration equipment? Does everything function?

Slide 11

Training Room Arrangement

- U-shaped
- Rectangular or circular
- Small Group

Slide 12

Planning for Participant Needs

- Are there physical barriers?
- Will participants be able to see the AVs?
- Will there be electricity?
- Meals? Refreshments?
- What is the policy regarding smoking or alcohol?
Chapter 2 – Creating a Positive Training Climate

Slide 13

Participant Needs - cont.

- Restrooms available? Functioning?
- Telephones available? Functioning?
- Arrangements for emergencies? First aid kit?

Slide 14

Trainer Pre-Course Preparation

- Update knowledge about course topics
- Review and refresh training skills, as appropriate
- Revise training aids as needed
- Prepare any personalized trainer’s notes

Slide 15

Maintaining a Positive Climate During Training

- Use an introductory course overview
- Include warm-up activities
- Use effective verbal and nonverbal communication
- Use humor
- Informal learning activities
Chapter 2 – Creating a Positive Training Climate

Slide 16

Effective Verbal Communication
- Vary voice pitch, tone and volume
- Use strong session introductions to capture interest
- Communicate on a personal level
- Incorporate participants’ ideas and examples
- Avoid repeating words or phrases

Slide 17

Effective Verbal Communication - cont.
- Vary the pace and delivery
- Make logical and smooth transitions between topics
- Give clear directions for all activities

Slide 18

Effective Non-Verbal Communication
- Greet participants and make a positive first impression
- Use eye contact
- Use positive facial expressions
- Walk about the room
- Walk towards participants as they respond
Chapter 2 – Creating a Positive Training Climate

Slide 19

**Effective Non-Verbal Communication - cont.**
- Avoid distracting gestures or body language
- Limit the use of desks, lecterns, or podiums between you and the participants
- Display enthusiasm

Slide 20

**Use Humor**
- Cartoons and transparencies related to topic
- Topic-related puns and stories
- Cartoons integrated into training handouts

Slide 21

**Continue Positive Training Climate After the Course**
- If appropriate, ask participants how they will use their new knowledge and skills when they return to their workplace
- If possible, allow for providing follow-up after training
Chapter 3 – Using Audiovisual Aids

Slide 1

Tips for Using a Write Board

- Keep the board clean
- Use color chalk and pens that participants can see well
- Write large enough to be seen in back of room
- Prepare complex drawings in advance
- Underline headings and important words

Slide 2

Write Board Tips - cont.

- Do not talk while facing the board
- Do not block the participants’ view of the board
- Allow sufficient time for participants to copy information

Slide 3

Tips for Using a Flipchart

- Use wide-tipped pens or markers
- Print in block letters large enough to be seen from back of room
- Use different colored pens for contrast
- Use headings, boxes, cartoons, and borders
- Use bullets for items
- Leave white space; don’t crowd the page
Chapter 3 – Using Audiovisual Aids

Slide 4

Flipchart Tips - cont.

- If prepared in advance, use every other page
- Have masking tape available to tape up pages around the room
- To hide a portion of the page, fold up lower portion of page and tape
- Face participants, not the flipchart, while talking

Slide 5

Guidelines for Making Transparencies

- Limit the information on each transparency to one main idea and about 5-6 lines of type
- Use large lettering
- Print text
- Make graphics and drawing large enough to be seen from back of room
- Mount transparencies or insert in plastic holders

Slide 6

Transparency Guidelines - cont.

- Number transparencies to keep in order
- Store transparencies in a box with a lid or in an envelope to protect from scratches
- The trainer can use a paper copy of the transparency to write notes and important points
Chapter 3 – Using Audiovisual Aids

Slide 7

Tips for Using Overhead Projectors

- Before presentation, locate and check on/off switch
- Be sure there is extra projector bulb
- Focus and check position before presentation
- Turn the projector on after the transparency is placed on glass
- Turn it off before removing the transparency

Slide 8

Projector Tips - cont.

- Face the participants, not the screen
- Show one point at a time, using paper to cover other points
- Use a pointer or pencil directly on the transparency
- Allow time for participants to read screen
- Turn off projector when transparencies are finished
Purpose of a Training
Introduction
- Capture the interest of participants
- Make participants aware of trainer expectations
- Help foster a positive training climate

Techniques for the Training
Introductions
- Review the session objectives
- Ask a series of questions about the topic
- Relate the topic to previously covered content
- Share a personal experience
- Relate the topic to real-life experiences

Introduction Techniques - cont.
- Use a case study or small group activity
- Use a videotape or other AV aid
- Use imaginative transparencies
- Make a provocative statement
- Give a classroom demonstration
- Use a game, role play, or simulation
- Relate the topic to future work experiences
Slide 4

**Summarizing a Training Session**

The summary should:
- Be brief
- Draw together the main points
- Involve the participants

Slide 5

**Summary Techniques**

- Ask participants for questions
- Ask questions of the participants
- Administer a practice exercise or test
- Use a game to review main points

Slide 6

**Effective Questioning Techniques**

- Ask a question of the entire group
- Target the question to a specific participant by using his/her name
- State the question, pausing and then directing the question to a specific participant

The key is to avoid a pattern
Slide 7

**Question Techniques - cont.**

- Use participant names
- Repeat a correct response
- Provide positive reinforcement
- If the answer is partially correct,
  - Give positive reinforcement for correct part
  - Improve the incorrect part or redirect to another participant

Slide 8

**Question Techniques - cont.**

- If the answer is incorrect
  - Make a non-critical response
  - Restate the question to lead to the correct response
- If no response
  - Try some of the above techniques or
  - Redirect to another participant

Slide 9

**Cautions for Questioning**

- When the trainer does not know the answer, acknowledge it
  - Do not make up an answer, research the correct answer after the training
- If a participant’s question will take discussion off the topic, the trainer must decide if it is worthwhile
  - If yes, answer if there is time
  - If no, move the discussion back on topic
**Planning an Illustrated Lecture**

Plan should include:
- The lecture objective(s)
- An outline of key points
- Questions to involve the participants
- Reminders of the participant activities, use of AV aids, etc.

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**Effective Illustrated Lectures:**

- Begin with a strong introduction
- Are followed by a smooth transition
- Follow the planned outline
- Use a variety of AV aids
- Include activities that involve the participants
- Conclude with effective summary

---

**Presentation Skills**

- Follow the lecture plan and trainer notes
- Communicate on a personal level
- Maintain eye contact
- Project one’s voice
- Avoid slang, repetitive words, phrases, or gestures
- Show enthusiasm
- Move about the room
### Slide 13

**Presentation Skills - cont.**

- Use appropriate AV aids
- Ask simple and challenging questions
- Provide positive feedback
- Use participant names when possible
- Use a positive sense of humor
- Provide smooth transitions
- Be an effective role model

### Slide 14

**Why Small Groups?**

- Participants learn from each other
- Involves all participants
- Creates a sense of teamwork
- Provides a variety of viewpoints

### Slide 15

**How to Create Small Groups**

- Assign participants to groups
- “Count off” method
- Ask participants to form own teams
- Ask participants to draw a group number or name
Small Group Activities

- Case studies
- Role plays
- Brainstorming
- Group Discussion
Goal of QA Training
To assist health professionals in learning to adapt QA techniques in order to improve work performance and service to clients.

How Learning is Measured
In mastery learning, learning is measured by:
- Initial assessment of general knowledge and skills in course topics.
- Continuous assessment of mastery of knowledge and skills defined in course objectives.

Competency Assessment Terms
- Competent
- Indicator
- Performance indicator
- Competency based assessment
### Why Conduct Knowledge Assessments?

- To determine participant knowledge at beginning of training *(pre-course questionnaire)*
- To motivate the participant to acquire new knowledge necessary to meet learning objectives
- To determine whether progress has been made toward objectives *(mid-course questionnaire)*

### Skills Assessments

- Based on *performance indicators*
- Job aids such as *checklists* can be used to evaluate indicators for:
  - process
  - outcomes

### Three Levels of Performance

- Skill acquisition
- Skill competency
- Skill proficiency
Competency-based assessment measures behaviors in a realistic job-related situation.

**Competency-based Assessment Instruments**
- Break down tasks and activities into essential steps
- Focus on skills and activities that participants typically perform on the job

**Considerations for Using Competency-based Assessments**
- Instruments require time and effort
- Must be performed by proficient QA trainers or coaches
- Require adequate number of skilled QA trainers or coaches
**Job Aids**

- Individual process steps or skills required to perform a task or activity
- Help to learn correct skills and sequence (skill acquisition)
- Help to measure progressive learning (skill competency)

---

**Using Job Aids in Competency-based Training**

- Ensures training based on process standards
- Standardizes training materials and aids
- Forms the basis of training exercises and practice sessions
- Can be used as self- or peer-assessment tools

---

**Using Checklists in Competency-based Training**

- Focus only on key steps or skills
- Measure participant’s actual mastery skills, not just capacity to perform
- Ensures that all participants’ skills are measured according to same standard
- Forms the basis of follow up observations and evaluations
Team... 

"...a high-performing task group whose members are interdependent and share common performance objectives." Francis & Young

Why Teams in Training?
- Increasingly complex and multifaceted problems
- Integration of divergent points of view
- Collaboration
- Knowledge of process
- Open atmosphere
- Greater number of ideas
- Greater acceptance of solutions
- Higher implementation rate
- Able to tackle larger issues
- Mutual support
- Cooperation

Three Types of Teams
- Innovative
- Work
- Problem-Solving
Team Building

**PROCESS** of deliberately creating an effective team.

Not An Event

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**Characteristics of Effective Teams**

- Clear role definition
- Careful time control
- Sensitivity to each other’s needs and expressions
- Good preparation
- A high level of interest and commitment
- Few interruptions and distractions

---

**Team Characteristics - cont.**

- Periodically stop and assess their performance
- Members are recognized and appreciated
- Climate of trust and comfort
Slide 7

Stages of Team Development

Forming

Storming

Norming

Performing

Closing

Slide 8

Stage 1: Forming

- Excitement
- Anticipation
- Optimism
- Anxiety
- Formal
- Attempts to define task
- Complaints

Slide 9

Stage 1: Forming

Useful Activities for Forming

1. Introduction/inclusion activities
2. Clarify the objectives or tasks
3. Establish groundrules
4. Provide any needed assistance
Stage 2: Storming

- Resistance
- Varying attitudes
- Arguing
- Defensiveness
- Competition
- Questioning purpose
- Unrealistic goal setting

Useful Activities for Storming

- Conflict Management Techniques
- Clarification/Teaching of QA Concepts
- Encouragement of confrontation
- Clarification of tasks and goals

Stage 3: Norming

- Acceptance of membership
- Relief
- Commitment to working out differences
- Feedback
- "Playful" interactions
Stage 3: Norming

Useful Activities for Norming

1. Continue fostering shared responsibility
2. Refocus of the agenda
3. Provide training in QA Tools

Stage 4: Performing

Satisfaction
Trust
Anticipate Problems
Prevention
Risk Taking
Commitment to Process

Useful Activities for Performing

1. Training in QA Tools or Concepts as needed
Stage 5: Closing

- If successful:
  - joy, pride
  - loss
  - appreciation
  - avoid final closing

- If unsuccessful:
  - frustration, anger
  - denial, blame
  - disassociation

Useful Activities for Closing

1. Discuss next steps
2. Evaluate
3. Present results

Individual Roles

- Team Leader
- Team Recorder
- Timekeeper
- Members
Slide 1

<table>
<thead>
<tr>
<th>QA Course Materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reference manual</td>
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<tr>
<td>Participant’s handbook</td>
</tr>
<tr>
<td>Trainer’s guide</td>
</tr>
<tr>
<td>Handouts</td>
</tr>
<tr>
<td>Overheads</td>
</tr>
<tr>
<td>Course syllabus</td>
</tr>
<tr>
<td>Course outline</td>
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<tr>
<td>Course schedule</td>
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Slide 2

<table>
<thead>
<tr>
<th>Planning for a Course</th>
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<tbody>
<tr>
<td>Timeline</td>
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<tr>
<td>Materials, supplies, and equipment</td>
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<tr>
<td>Facility-based training</td>
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Slide 3

<table>
<thead>
<tr>
<th>Conducting a Training Session</th>
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<tbody>
<tr>
<td>Review the session objectives</td>
</tr>
<tr>
<td>Select training activities</td>
</tr>
<tr>
<td>Write instructions for activities</td>
</tr>
<tr>
<td>Organize materials</td>
</tr>
<tr>
<td>Prepare introduction</td>
</tr>
<tr>
<td>Develop process questions</td>
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<tr>
<td>Develop a summary</td>
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</table>
Competency-Based Assessments

- Knowledge assessment (pre- or midcourse questionnaire)
- Qualification is based on observed and measured performance
- Qualifications based on achievement in 3 areas
  - Knowledge
  - Skills
  - Practice

Evaluating the Course

- Evaluation of participant performance
- Evaluation of participant reaction to the course

Measuring Participant Reaction

- Daily reactions
- Session/trainer evaluations
- End-of-course written questionnaires
- End-of-course informal reactions
- Daily trainer meetings
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<tr>
<th>Training Report Contents</th>
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<tbody>
<tr>
<td>- Name of training, location, dates</td>
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<tr>
<td>- Course agenda and/or schedule</td>
</tr>
<tr>
<td>- Attendance list</td>
</tr>
<tr>
<td>- Why training was conducted</td>
</tr>
<tr>
<td>- Objectives of training</td>
</tr>
<tr>
<td>- Description of major activities</td>
</tr>
<tr>
<td>- Interpretation of evaluations</td>
</tr>
<tr>
<td>- Problems, modifications, results, recommendations</td>
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